

Recipes

Mothers Milk Alternative for Chicks

Mothers crop milk for the chicks that need help along the way.

Ingredients: (Makes roughly 1ml)

40 drops of water
1 drop of olive oil
20g of ~~sunflower seeds~~ ~~up~~ with and has so far done it's job very very well
17 whole flaxseed meal
"margarine and paraffin"

Steps:

- Get a mortar and pestle or some other kind of instrument for crushing and grinding.
- Get 12 whole flaxseed meal and 6 black sunflower seeds.
- Put the sunflower seeds.
- Add all seeds into the bowl.

1:

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- Add 40 drops of water

- Stir and smooth

5.

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- Continue to grind and sieve!

7.

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- add 1 drop of calcium

- Yolk! home made crop milk!

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