

# Recipes

## Birdluv Beak Appetite

A couple of weeks ago, I bought some beak appetit for my budgies and I thought that instead of buying this product for them why not make it myself. so I read the ingredients and I came up with this...[Created by Birdluv](#)

I used frozen veggies that where already chopped.

- carrots
  - corn
  - green beans
  - peas
  - broccoli
- (you can add any type of veggies that your budgies like)  
next time, I'm going to add some sweet potatoes.

I also added some cooked grains:

- oats
- barley
- cracked wheat.
- couscous

I added some:

- crushed finely eggshells
- when I serve this to my birds I add sometimes egg/biscuit mix too.

**store bought beak appetit**

### homemade

after I mixed all the ingredients together, I put the mix into ice trays to freeze them. I also put away a small amount of the mix to keep in the fridge for a few days.

I put the trays in my freezer overnight. I ran them under some hot water so they would easily come out of the tray.

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I then put them in lockable freezer bag.

**to serve.** I take one cube and unthaw it, since I only have 2 budgies I only give them half and I put the other half into the fridge for the next time. I serve this to my budgie every second day, the other days I give them fresh food.

Here is a picture of one of my budgies enjoying their meal. It is hard for me to capture them eating it, as soon as they see my camera they fly away

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