

# Recipes

## Birdie Cereal

### **Birdie Breakfast Cereal**

1/4 cup instant oatmeal  
1 tablespoon peanut butter

1/4 cup chopped fruit (your choice)

Add the oatmeal to a small, microwave-safe bowl. Then add just enough water to cover the oatmeal. Place the bowl into the microwave and cook it on the highest setting for about 1 minute. After the minute is up, remove the bowl (carefully!) and stir the oatmeal until all the water is absorbed and the oatmeal is soft and cooked through. Add the peanut butter, and stir it in until the peanut butter melts and is completely dissolved into the oatmeal. Finally stir in the fruit. Then let the mixture sit until it has cooled considerably. When the mixture is cool to the touch, and is no longer steaming at all, stir it again and serve it to your pet. Makes 1 serving, but for smaller birds

you can keep any > leftovers in the refrigerator until ready to use.

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