Recipes

Mineral Blocks #2

Mineral blocks

"Most mineral blocks on the market are hard. Here is a basic recipe you can work with. Plaster-of -Paris is the hardening element. Try adding less of the plaster-of-

Paris than the recipe calls for.

2 cups plaster-of-paris
1 tablespoon calcium phosphate
1/4 teaspoon iodized salt
1/4 cup blue mineral grit
1 tablespoon of trace minerals

Trace minerals can be obtained from a veterinary supply house. The calcium phosphate can be purchased from a pet shop or supply house.

Mix the above ingredients with just enough water to make a very thick paste. The mixture is then poured into ice cube trays until it starts to set up. While it is still soft, bend a piece of wire into a (u) shape. Place the wire down in the center of the cube. After drying hard, the wire will make it possible to fasten the mineral block to a wire cage. Make sure blocks dry completely before using."

Plaster of Paris is a synthetic, man made material, which is composed essentially of plaster or plastic. It is often used to make the non cement walls of garages or basements. The material is non toxic and will not harm the birds if they chew/eat off of your mineral block. Plaster of Paris is a stable material, so the mineral block will be sturdy for your birds to use.

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