

# Recipes

## Mineral Bars #1

### MINERAL BUCKETS

Ingredients:  
1/2 pint of  
Powder of Paris (available at craft shops or Pharmacy)  
Calcium Carbonate  
Garden lime

Method:  
Mix these together with enough water to make mixture similar to pouring custard (don't have it too wet). Pour into container/moulds and add a piece of wire shaped like a U. Have about 2" protruding from the top, this is used to attach the block to something in the aviary. For moulds you can use - Plastic cups, muffin tins, empty fast food containers. Allow to dry before removing from the mould. You can also add your own vitamins or minerals or maybe a little grit to this mix. Note - the calcium MUST be "calcium carbonate".

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