

# Recipes

## Egg Food

- 1 Hard Boiled Egg
- bread crumbs
- bird seed,
- your birds favourite vegetables

You microwaves the egg shell for about 2 minutes and smash that into a fine powder. Next, add that to mashed hard boiled egg. Sprinkle some bread crumbs over the top just enough to spread right through the mix.

Add a tablespoon or two of the budgies seed mix and then mix some finely chopped veggies in as well and stir it all together.

Posted by member Bea

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