Food and Nutrition

Fruits and Vegetables

Most types of fruit and vegetable are safe but you should always search online or in a book before you feed something to your budgie. Some vegetables that are commonly fed are lettuce, carrot, broccoli, sprouts, snow peas, spinach and celery. Lettuce and celery shouldn't be fed too often as they are mostly water and can cause diarrhoea. Some safe vegetables are rock melon, banana, mandarin, orange and apple. Be sure never to feed your budgie apple seeds or avocado as these are toxic to them.

Visit Unsafe Foods and Budgie Food/Diet

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